10 ANA, 20 Rebels Killed in Helmand Clash, Airstrikes

At least 10 Afghan National Army (ANA) soldiers and 20 Taliban militants have been killed during a clash in Greshk district of southern Helmand province, officials said Tuesday.

LASHKARGAH - A police official in Greshk, who wished to go unnamed, told Pajhwok Afghan News Taliban militants attacked ANA posts in Sarband area of the district on Monday night, killing 10 ANA soldiers and wounding two others. The security posts were also lost to the militants.

Later, 20 Taliban militants were killed in airstrikes by foreign and Afghan forces in the area, he added.

A government official in Lashkargah, the provincial capital, also confirmed the clash and said seven ANA soldiers had been killed, two wounded and three were missing.

Governor's spokesman, Omar Zwak, said both the sides suffered casualties in Sarband area of Greshk last night. But he had no exact figures. However, he said no security post had fallen to ... (More on P4)...(14)



Kabul Hosts Bodybuilding, **Fitness Contest**

KABUL - The bodybuilding competition will select Mr. Afghanistan and best athletes to represent the country at international events.

At least 321 bodybuilders from 27 provinces attended the four-day bodybuilding and fitness competition in Kabul on Tuesday.

"The 12 Mr Afghanistan Championship will help improve bodybuilding in the country. It is held every year," said Abdul Rahman Hamid, secretary general of the bodybuilding federation.

Contestants said they are happy about the event, but the athletes complained about the lack of facilities for them - including gyms with standard

"We are happy about the competition in order to find our way to the national team," said Sayed Rahim Hashemi, an athlete from Balkh.

I hope that I will have a big achievement for Atghanistan and wave the flag of my country in international events," said Mohammad Haroon Naderi, an athlete from Kabul. ... (More on P4)... (15)

Jawzjan Woman Killed by Brother 10 Years after **Elopement**

SHIBERGHAN - A young woman has been killed by her brother, who managed to flee after the incident in Shiberghan, the capital of northwestern Jawzjan province, an official said.

Mohammad Reza Ghafoori, the governor's spokesman, said the 25 years old woman had eloped from her home in Qosh Tepa district to the provincial capital 10 years ago.

He said the woman had since been living with her husband. She was strangulated to death by her brother on Monday night when the woman's husband was out of home.

The murderer managed to flee after the incident, Ghafoori said, adding the woman was a mother of four children.

Maghfirat Samimi, the Afghanistan Independent Human Rights Commission (AIHRC) head for Jawzjan, Sar-i-Pul and Faryab provinces, said some families imposed restrictions on their daughters and forced them to elope.

About the killing of the woman, she said: "This incident would not have happened if the woman's family had not imposed restrictions on her and listened to her legitimate demands." She ...(*More on P4*)...(16)

228kg of Drugs Seized, 2 Suspects Detained in Samangan

AIBAK - Police in northern Samangan province have recovered 228 kilograms of drugs from a truck, arresting two suspected individuals, an official said on Tuesday.

Police chief Brig. Gen. Mohammad Baqir Massoud said the illicit substances included 132 kilograms of hashish and 96 kilograms of opium.

The contraband was recovered from a truck in Aibak, the provincial capital, and two suspects from Baghlan



arrested in connection with the smuggling bid. Recently, police seized 59 kilograms of hashish and 23 kilograms of opium in Aibak. ... (More on P4)... (17)

Momand Arrested by Noor's Private Guards: Brother

MAZAR-I-SHARIF - Mohammad Asif Momand, a provincial council member in northern Balkh province, has been arrested by private guards of the provincial governor, Atta Mohammad Noor, a relative alleged on Tuesday.

However, Balkh governor's spokesman dismissed the allegation as baseless, saying Momand had been arrested by secuformal letter from security

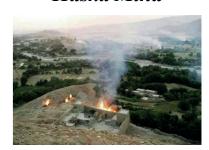


On Monday afternoon at around 6pm Asif Momand departed for Mazar-1-Sharif from Kabul airport acrity personnel based on a companied by another Balkh PC member, Mohammad Ibrahim Khairandish, a key member of Hezb-i-Islami Afghanistan (HIA) and ...(More on P4)...(18)

2 Civilians Dead in Uruzgan Bomb **Explosion**

TIRINKOT - Two civilians have been killed and eight others injured in a bomb explosion in the Chora district of central Uruzgan province, a lawmaker said on Tuesday.MP Obaidullah Barakzai told Pajhwok Afghan News the victims were ordinary people tasked by district police chief Asadullah -- alias Aka -- with constructing a check-point.He said the mine blast took place at a time when work was underway on the check-point. Among the dead was Mohammad Basir, who served as a teacher. Aminullah, an eyewitness, alleged police had forced some people into constructing the check-post.Deputy Governor Abdul Wahid Patan confirmed the incident but did not provide details. Deputy police chief Abdul Qavi Omari said the explosion targeted civilians returning from the checkpost.Chora is one of the insecure districts of Uruzgan where clashes between the Taliban and security forces take place almost on a daily basis. (Pajhwok)

6 Fighters Suffer Casualties, 2 Civilian Houses Torched in Haska Mina



JALALABAD - Six Daesh -- or socalled Islamic State (IS) --fighters suffered casualties during a clash with Afghan forces in the Haska Mina district of eastern Nangarhar province, officials said on Tuesday.Daesh fighters also torched two civilian houses during the fight, police spokesman Hazrat Hussain Mashriqiwal told Pajhwok Afghan News. The militants stormed security posts and houses in Yaghi Band area. Following the overnight clashes, reinforcements arrived in the area and the militants were pushed back, the police official said, adding one Daesh commander known as Hadi and a fighter were killed and four others wounded.

The militants also torched two civilian houses, the spokesman said. Civilians and security personnel suffered no casualties, Mashriqiwal concluded. (Pajhwok)

Outlook Horoscope

Aries (Mar. 22-Apr.20)

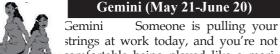
Power politics pervade the workplace as someone tries to gain control over an unstable situation. However, you believe you can out-scheme anyone and already have a plan of your own. Unfortunately,

there's more going on than meets your eye today. Although you won't likely see what you're getting into until it's too late, you still can figure it.

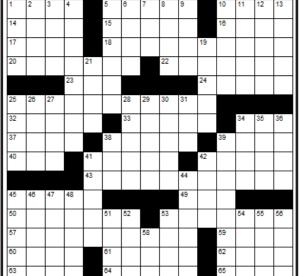
Taurus (Apr.21-May 20) There is a deluge of intense Taurus

emotions flowing around you today, and it's easy to get swept up in someone else's drama. Every trivial event

pushes your buttons, activating waves of fear or passion. You are compelled to take control of the situation, even if you don't have the authority



comfortable being played like a marionette. Although your adaptability is often your saving grace, it's prudent to reconsider your reaction before taking the easy way out. You could fight back by resisting each tug one way or another. However, you're clever enough to change the entire game by cutting yourself free.



Cancer (June 21-July 20)

Cancer It's as if you're in the eye of a hurricane today. Although the air is mysteriously still, your position is quite unstable. You're surrounded by the wild winds of change and nothing you do now is going to resolve the emotional tension a relationship creates. You want peace

and quiet, yet others only seem to bring drama to your doorstep.

Leo (July 21-Aug. 21)

Leo Although you're normally quite expressive, you could hide your real feelings behind a dramatic show of positive energy today. There might be an interpersonal struggle for control occurring with some-

one attempting to manipulate your emotions at work. But you're not interested in feeding into a dynamic that ultimately diminishes your power.

Virgo (Aug. 22-Sep 22)

You're ready to cash in your chips, even if you're on the losing side of the table. However, something weird happens now, and you could end up

collecting more money at the cashier window than expected. Today's lesson is about trust; when you relinquish control to the cosmos, things tend to work out in your favor. But if you deny your fears, you'll find yourself in a losing battle.

Libra You may be secretly battling your demons today, but you're still able to put your best foot forward. No one realizes the intensity of your inner processing - and that's just

Libra (Sep 23-Oct. 22)

fine with you because you're not interested in revealing your vulnerability now. Unfortunately, it's nearly impossible to deepen a relationship unless you can move past your fear of losing control.

Scorpio (Oct.23-Nov.22)



Scorpio You're eager to embark on an emotional journey if you think the destination is love. However, the cosmos is telling the story of your life today, and

you can't put the book down. Ironically, the plot is twisting in ways you don't yet understand, which feels strangely familiar to you. You're willing to follow along if you think there's something for you to learn.



Sagittarius (Nov.23-Dec.20)

All the socializing in the Sagittarius world won't save you from confronting your own emotions today. Paradoxically, you are attracted to the mystery of what could unfold

in an intimate setting. Simultaneously, you're afraid of getting in over your head. It appears that you must choose one or the other now, but the real cosmic message is you need to do both. Mooji teaches, "Face your fears and stop allowing the mind to hold you captive."



Capricorn (Dec.21-Jan19)

The temptation of sweet Capricorn romance plays on your heart strings now, but relationships come at a cost. You are acutely aware that innocence is

beckoning you one way while the power of experience is pulling the other. However you proceed, don't waste energy overthinking your decision to-



Aquarius (Jan 20-Feb.18)

Aquarius You don't mind working behind the scenes today; in fact, being invisible allows you to spend time pursuing extracurricular interests. You're emotionally hooked

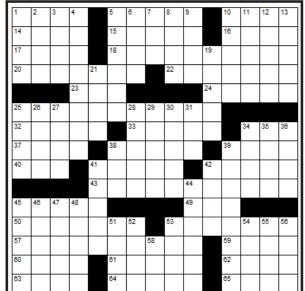
on what you're doing, but you're still able slip in and out of the present moment without being seen. Fortunately, your brain is quick enough that you can keep up with juggling multiple realities now.



Pisces (Feb.19-Mar.20)

You may be obsessing over a person, place or idea today, yet you're not necessarily telling anyone else about your feelings. However, the more you in-

ternalize your inclinations, the stronger they become. It makes more sense to get your emotions out in the open by confiding in someone you can trust. But be clear and let them know you're not set on finding a solution; your intention is simply to get the facts off your chest.



1. Arizona river, 5. Takes off, 10. Shock, 14. Relating to urine, 15. Banish, 16. Diva's solo, 17. Enumerate, 18. Characterized by habitual skepticism, 20. A painkiller, 22. A short moral story, 23. By means of, 24. Willow, 25. Arousal, 32. Mountain crest, 33. Rot, 34. Astern, 37. Small horse, 38. Anagram of "Fires", 39. Whimper, 40. Terminate 41. Expire, 42. Unit of gold purity, 43. Eradicate, 45. Scrawny one, 49. Anagram of, "Ail", 50. Anagram of "Reenact", 53. Polecat, 57. Insight, 59. Flightless bird, 60. So be it, 61. Pertaining to the oceans, 62. Visual organs, 63. Defrost, 64. Hinder, 65. Have

Down

1. Babylonian goddess of healing, 2. Colored part of an eye, 3. Speech disorder, 4. Action 5. Disavowal, 6. Beasts of burden, 7. A tree fruit, 8. Flutter, 9. Bristle, 10. Coffees, 11. Small African antelope, 12. Fine thread, 13. Sometimes, works with lions 19. Sarcasm, 21. Anger, 25. Adhesive strip, 26. Press, 27. Care for, 28. Expert, 29. Brusque, 30. Less friendly, 31. Buffoon, 34. Emanation, 35. Level, 36. French for "Head", 38. A single-reed woodwind, 39. Terrified, 41. Lawful, 42. A man's skirt, 44. Primarily, 45. Vamoose, 46. Cream (cooking term), , ,47. Celebrate, 48. Concerning (archaic), 51. Bronzes, 52. French for "State", 53. Froth, 54. Hello, 55. Pitcher, 56. Sage, 58. Old World vine,



about, arrest, board close, concern, couple crease, cushion , dirt dour, earth, employee, final, finance, flown great, guilt, hidden logo, mutual, pattern, proceed, program, reason, regard, remove

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