



Despite Domestic Needs, Medicinal Plants are Exported

KABUL - Owners of pharmaceutical companies are concerned at the government's inattention to the sector, saying medicinal low-price herbs are exported due to lack of facilities at home.

Fazal Ahmad, head of the Afghan Ataran Company told Pajhwok Afghan News pharmaceutical industrialists were concerned about the government's negligence.

More than 1,400 types of medicinal plants grow in Afghanistan but due to lack of facilities, they were exported to India, Pakistan, Iran and United Arab Emirates for process, he explained.

Ahmad said war had negatively affected the growth of medicinal plants, as they could be hardly identified or found in many areas of the country. "Plants growing in mountains are of higher quality than those cultivated on farms, because mountain-based herbs are completely natural," he continued.

Popular medicinal plants in Afghanistan include sherin boya (hyssop), awsheen (thymes), atghel-i-kohi (yellow sweet clover) drone (dandelion) and kalpora (tucrium polium). But people in rural areas with low income bought these plants at cheap price and sold them to traders in provincial capitals, he cited.

According to Ahmad, the poor people would get job opportunities if medicinal plants are properly grown in mountainous areas of Afghanistan.

"For seven years, we have been working but no one has so far bothered asking us about the problems we have been facing, or what our needs are," he complained.

"Recently, we produced high-quality beverages and juices without gas and sugar in a highly hygienic way," he said, adding the company produced more than 50 types of sweets to protect public health. (Pajhwok)

Kabul Gathering Demands Halt to Civilian Casualties



KABUL - Speakers at a gathering in Kabul on Monday said airstrikes and night raids often resulted in civilian casualties, which had widened the existing gap between the government and the masses.

A number of civil society activists and tribal elders attended the gathering titled "Peace, ongoing brutality, civilian casualties, targeted killings and irresponsible government".

Most of the participants believed civilian casualties had significantly increased over the past six months.

Dr. Ziauddin Kamal, a tribal elder from Maidan Wardak province, said people often raised their voices to ask local and foreign forces to take care of civilians while conducting operations. However, people's voices were ignored and the people of Maidan Wardak often fell victims to airstrikes and night raids, he added.

"The enemy will behave like enemy but we want to ask the government about its behavior. Most of airstrikes and night raids by local forces had resulted in the killing of civilians," he said.

He said they would not accept more civilian deaths which he said should be stopped because the practice was widening the gap between the government and the masses.

...(More on P4)...(7)

14 Border Police Personnel Killed in Helmand Attack



LASHKARGAH - At least 14 border police personnel have been killed and as many wounded in a Taliban assault in the Nad Ali district of southern Helmand province.

A credible security source, told Pajhwok Afghan News on condition of anonymity, the militants stormed a security check-post in the Treekh Nawar area of the district late on Sunday night.

He said 14 border policemen were killed and a number of others wounded in the attack.

But Omar Zwak, the governor's spokesman, said that only five policemen had been killed and seven others wounded in the overnight assault.

Officials at Emergency Hospital confirmed receiving 15 injured security personnel. The Taliban also verified the attack.

The group's spokesman Qari Yousaf Ahmadi claimed 25 security forces were killed and eight others injured. Two pick-ups, three tanks and a car were destroyed, he said.

The Taliban spokesman added the fighters captured several weapons and ammunition from the security forces. (Pajhwok)

3 Women, As Many Children Injured in Nangarhar Bombing



JALALABAD - At least three women and as many children were injured as result of a bomb blast in Jalalabad, the capital of eastern Nangarhar province, on Monday morning, an official said.

Attaullah Khogyani, the governor's spokesman, told Pajhwok Afghan News the incident happened in Mukhabiirat Square in the first police district.

He said the blast resulted from explo-

sives placed in front of Dr. Faridi's Laboratory in Kamran market.

Three women and as many children were wounded in the bombing, the official said, adding they were evacuated to the main provincial hospital.

There has been no claim of responsibility so far for the blast. Both Taliban and Daesh fighters are active in the province. (Pajhwok)

Clash in Herat Leaves Two Children Dead



HERAT - At least two children were killed in a clash between government forces and Taliban militants in Herat province on Sunday, local officials said on Monday.

Another person was wounded in the clash, the Herat governor's spokesman Jailani Farhad, said, adding that the two children were brothers and the wounded is their

father. He said the clash occurred in Azizabad area in Shindand district. Jailani said it is not clear whether the victims lost their lives in security forces or the Taliban's firing. This comes after President Ashraf Ghani ordered strict rules for Afghan forces to prevent civilian casualties in their operations. (Tolo news)

Outlook Horoscope

Aries (Mar. 22-Apr.20)



A relationship that you may have recently formed might have you in a dither today, Aries. This could be romantic or some other sort of acquaintance. You might not be sure about which way you want this involvement to develop. This isn't the day to think much about it, as things probably won't become clear today. Wait a few days, get to

Taurus (Apr.21-May 20)



You might be feeling somewhat under the weather, Taurus. You're probably stressed and in need of rest. Work concerns could also be confusing. You might have a lot of tasks to do and not be certain where to start. Maybe you shouldn't start today at all. Perhaps you need to take the day off to rest and then tackle it tomorrow

Gemini (May 21-June 20)



Recent successes have you feeling especially pressured to continue on your path, Gemini. You may have to make some choices regarding your activities outside of career and family. You may have a lot of interests that all mean a lot to you, which makes it difficult to make choices. Don't try to consider it today. Your mind is a bit befuddled. Wait a few days and then consider your options.

Cancer (June 21-July 20)



A letter or call from a relative could result in the prospect of an unexpected houseguest. You might be in a quandary as to what to do about it, Cancer. Your schedule could be crammed with other responsibilities. Don't feel pressured into making any decisions today. Think about it for a day or so and list your options. Consider them all

Leo (July 21-Aug. 21)



Travel plans might have you confused, Leo. You may have a number of possibilities in mind, and all seem equally attractive. It probably isn't feasible to go for them all. You may also face decisions regarding your education. You're probably going to have to make a choice, but today isn't the day to do it. Confusion is likely to reign. Wait a few

Virgo (Aug. 22-Sep 22)



New earning or investment possibilities could have you in a quandary over which one is the best for you, Virgo. There are a number of solutions - technology may be one of them - but this isn't the time to make any important decisions. Everything may seem equally attractive to you! Professional advice might help, but even so, don't feel you have to make a decision right away. Wait a few days.

Libra (Sep 23-Oct. 22)



Your life may seem to be at a crossroads, Libra. A number of different possibilities could be opening up to you. The only thing that seems certain now is that changes are on the horizon. You will be facing some choices, but today isn't the day to consider them. Confusion reigns supreme. Be like Scarlet O'Hara and think about it tomorrow!

Scorpio (Oct.23-Nov.22)



Others' attitudes toward you may seem to be changing. You may not be sure what this means. The fact is, Scorpio, you're changing, and some of your friends may like what you're becoming and others may feel less comfortable. You can't stop what's happening. It's going to be a very positive process in the long run. It just may be difficult now. Bear with your friends and

Sagittarius (Nov.23-Dec.20)



Mar 26, 2019 - A number of different and unexpected professional and personal possibilities might have you a bit confused about which way you want to go, Sagittarius. You may face a choice of some kind, but right now you aren't really sure about the direction you want to take. Don't rush it. It isn't necessary to do it all today. Wait a few days, consider your options and then make your decision.

Capricorn (Dec.21-Jan19)



Today you might face a choice, Capricorn. You might be thinking in terms of relocating to advance your career, but you could be confused about your options. You might be grappling with several options. Input from family members isn't likely to help at this time. Wait a few days and then think seriously about what you want to do.

Aquarius (Jan 20-Feb.18)

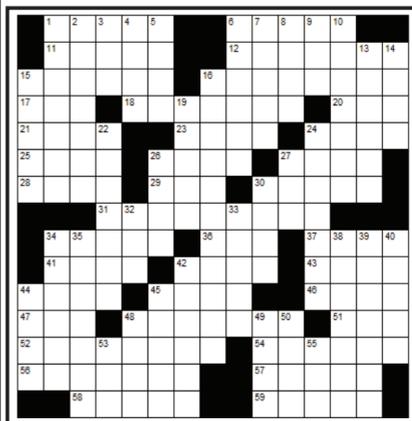


An intellectual problem may prove confusing, Aquarius, and reading and research reveal contradictory information. You might also hear some gossip that doesn't seem quite right. This isn't the day to believe everything you read or hear or to try to make sense of anything that has you befuddled. You will be in a better space later. Put it aside for a few days and then tackle it.

Pisces (Feb.19-Mar.20)



Confusion about money might be on your mind today, Pisces. This doesn't necessarily mean that your finances are in chaos. Chances are that you face unfamiliar options concerning your financial future, and so you may be in no position to make any kind of decision. Don't feel that you have to do it today. It would be best if you waited a few days until you're a bit more focused to consider your options.



Across

1. Hangman's knot, 6. Aspect, 11. Put forward, 12. Sports competitor, 15. Endure
16. People on a picket line, 17. Night before, 18. Clairvoyant, 20. Indian bread
21. Make (one's way), 23. District, 24. Stow, as cargo, 25. Convenience, 26. Blacken
27. Large, 28. A song for 2, 29. Ouch!, 30. Duck down, 31. Vibrated, 34. Nautical for stop
36. Actress Lupino, 37. Ancient Peruvian, 41. Photos, 42. Annoying insect, 43. Sailors
44. Habit, 45. Cry, 46. God of love, 47. Era, 48. Horrible, 51. Caviar, 52. Storytellers
54. Empty, 56. Quantify, 57. Angry, 58. Deserved, 59. Not outer,

Down

1. French for "New", 2. Umbrage, 3. Not on, 4. Dribble, 5. Makes a mistake, 6. Male parent,
7. Courtyards, 8. Fashionable, 9. Antlered animal, 10. Adolescent, 13. Wall Street figure, 14. Feudal worker
15. Stitched, 16. Skinniness, 19. Country bumpkin, 22. Diminish,
24. Opponent of technological progress, 26. Vesicle, 27. Hasten, 30. French for "State", 32. S
33. Adjust, 34. Orbital high point 35. Dilute acetic acid, 38. Provide commentary, 39. Balladeer, 40. Something of value, 42. Adjusted, 44. Not cool, 45. What place?
48. Oversupply, 49. 57 in Roman numerals, 50. Tale, 53. An Old Testament king, 55. Tin

Yesterday's Solution

PAGE	SOJAN	DAIRY
EGGS	STIR-FRY	FRIG
RUMP	ELECT	VEAL
MEMOS	SNORKEL	LED
DUKS	ARTIEL	
PENISIN	DIAGNOSE	
ADDENDUM	SPIRIT	
WEE	ABATE	IDA
SMELAR	PASSAGES	
ARGANE	UNLEASH	
OMEGA	BARN	
FOLK	PRODIG	MOTTIF
AWAY	VIREO	SIRE
MEET	ESTER	ONES
ESSE	MALTE	LEST

administrate, alert
apply, authority,
beach, bone, brilliant
chaos, chas chord
clear, dents, destruction
doubt, empty, enough
every follow, front
fruit, gash, gentle, guide
humid, , index learn

